INSTRUCTIONS FOR USE

Scan the QR code for a video tutorial!

- Sit in a stable position at the edge of a chair.
- Unclip all four back straps.
- Loosen two front straps.
- Straighten leg, knee slightly bent.
- Place brace on leg with middle of hinge slightly above the midline of the kneecap, pushing the brace onto the leg. Rigid brace shells should be touching the thigh and shin.
- Tighten the two front straps (brace position on leg should not change).
- Clip the top two back straps onto the hooks on the brace frame tighten for a firm fit (not too tight).
- Clip the lower strap to the hook on the frame and tighten.
- Turn the tensioning dial clockwise to increase hinge tension.
- To release tension, press the button in the center of the tensioning dial and bend your knee.
- Stand and walk normally. Adjust the level of tension during various activities to provide the resistance.

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ASCENDER®

UNLOADER KNEE BRACE



ICARUS®



Our team at Icarus is excited for the start of your journey back to doing the things you love, free from pain. We think you will find the Ascender a part of your daily life.

The **Ascender** was developed over 5 years of intensive design and testing by incorporating cutting-edge technologies to bring a completely new experience to our users. The Ascender brace does something no other brace can: it unloads over 40 pounds from the joint with a fully adjustable tensioning system.

Combined with our commitment to a data driven approach, we are confident that the **Ascender** will reduce your pain unlike any brace you may have used in the past.

RISE ABOVE

ASCENDER®

YOUR BRACE

We take great care to ensure that your brace provides the perfect fit and level of comfort to improve your lifestyle. It was designed by one of our engineers and custom manufactured through our rapid scan-to-3D print manufacturing process.

We hope that your **Ascender** knee brace will become a seamless part of your daily activity.

TIPS FOR USE

- Don't over-tighten the brace tension.
- Always release tension when you take the brace off.
- Wear your brace only a few hours a day in the beginning to break it in and let your body adjust to the assistance.
- Don't forget to release the tension occasionally. If you don't know how much tension is in the brace, release the tension and increase it again to the desired level.

CLEANING INSTRUCTIONS

Maintain your **Ascender** to preserve the frame condition and maximize performance.

- Pads and straps can be hand or machine washed on delicate with cold water. Air dry.
- Brace frame can be washed by hand with non-detergent soap.
- Sand, salt water, and dirt can damage your product. If exposed, rinse thoroughly with cold water.

WARNING

- If you feel major discomfort, abnormal pain, change in sensations, or experience reactions while wearing the Ascender, contact your professional orthotist or doctor.
- Product is intended for single patient use only.
- Extreme heat or cold may affect product performance.
- Always release the tension before operating a vehicle.

WARRANTY	CUSTOM	OTS
Tensioning System	5 Years	2 Years
Frame and Hinge	5 Years	2 Years
Straps and Pads	6 Months	6 Months

Icarus guarantees its products against any manufacturing and material defects from the date of purchase. Normal wear and tear during use is not considered a defect. If the **Ascender** is modified by anyone other than your doctor or orthotist, the warranty will no longer apply.

For questions or concerns regarding your brace, call 888-492-1101